

BREAKFAST

From 10am until 12noon

'Fini granola with soy yoghurt & fruit compote (VGN)	4.50
Toast with preserves (V)	3.00

BREAKFAST BAP

- Streaky smoked bacon
 - Fried free range eggs
 - Sausage (GF)
 - Garlic mushrooms (VGN)
- | | |
|------------|------|
| 1 filling | 4.50 |
| 2 fillings | 6.50 |
| 3 fillings | 8.00 |

Bubble & squeak with poached free range eggs (V - GF) 5.50

- Streaky smoked bacon
 - Garlic mushrooms (VGN)
 - Sausage (GF)
- | | |
|---------|------|
| 1 extra | 7.50 |
| 2 extra | 8.50 |
| 3 extra | 9.50 |

Children's Meals from 12 noon

Chicken or fish goujons with fries & garden peas	5.95
Buttermilk Chicken burger with fries & garden peas	5.95
Squash & lentil burger with fries & garden peas (VGN)	5.95
Cheese on sourdough toast (V)	5.00

We do not list all ingredients on the menu, if you have any allergies or dietary requirements please speak to a member of staff who will assist you

LUNCH MENU

From 12noon till 4pm

Today's soup with Joe's Bakery bread (VGN)	4.75
Trio of dips served with flat bread: hummus, carrots & caraway, beetroot & tahini (VGN)	7.50
White beans, roasted garlic crispy kale & rosemary bruschetta with mix leaf salad (VGN)	6.00
Leek, cider & cheddar rarebit with mix leaf salad (V) add bacon for 1.50	6.50
Berber frittata served with leaf salad (V, GF)	6.50
Seven vegetables couscous (VGN)	8.50
Sweet potato gnocchi, basil pesto & oven dried tomatoes (V, GF)	9.00
Butternut squash & lentil burger, peanuts cream sauce, tomato, lettuce served with fries & leaf salad (VGN)	10.50
Buttermilk chicken burger, tomato, lettuce, mayo & gherkin served with fries & leaf salad Add bacon or cheese for 1.50	11.50
Smoked Mackerel & Haddock fishcakes, horseradish & lemon mayo with leaf salad (GF)	9.00

All our dishes are freshly made to order. Please allow reasonable time for your meal to be prepared.

Sides

Fries	3.50
Side Salad	3.50
Olives	3.50
Flat bread	3.50



Helping to grow a new Arnolfini