

Programme Guide

4 Days

Thursday 25 – Saturday 27 April

11am – 8pm

Sunday 28 April

11am – 6pm

Annie Vigier and Franck Apertet (les gens d'Uterpan),
Nicoline van Harskamp, Lawrence Abu Hamdan,
Holly Pester, Matthew Drage, Cally Spooner, Leslie Kulesh,
Emma Bennett and Antonia Barnett-McIntosh, Caroline Wilkins,
VerySmallKitchen with Press Free Press, seekers of lice,
Patrick Coyle and SJ Fowler, Chris McCabe and Tom Jenks,
Daniel Rourke and Claire Potter, James Wilkes and David
Berridge, Jeff Hilson and Marcus Slease, Mark Waldron and
Tim Atkins, Tertulia, X Marks the Bökship

Welcome to this second edition of 4 Days - a quarterly platform for performance at Arnolfini. For four consecutive days we'll consider live and performance art as a series of embodied exchanges, singular to space, place and time - shared experiences between visitors and artists through active topics such as language and wellbeing, contemplation and collaboration.

If during 4 Days you encounter someone meditating seemingly at odds with their environment (Annie Vigier and Franck Apertet's *Meditation*), poets collaborating in an improvised manner (Maintenant Camarade), an artist speaking in an otherworldly dialect (Caroline Wilkins' *Beyond the Language of Zaum*) or a text recital from behind a half closed door (Lawrence Abu Hamdan's *Mountain Language*) then note the feeling that's conjured in you. Performance carries its meaning, its aesthetics and its purpose in these feelings, memories that are formed both in the moment of encounter and as subjective traces thereafter.

4 Days is a series of meeting points designed to foreground such 'encounters of the humankind' - an event to cause multiple memories and feelings from shared situations. A collection of artworks that fleetingly exist as tangible, touchable, visible 'acts' or 'installations' thereafter 'living' only as traces in the hearts and minds of those who 'were there'. The platform is also a two-way street. An opportunity to interact, 'be' and 'do' in the same space and time as performers and fellow participants, to 'meet' and exchange views. The 'audience is present' so to speak, and 4 Days recognizes this truth as something inseparable from the art offered - in an exchange that is always and undeniably two-way.

So whether taking part in a practical workshop led by Matthew Drage or Leslie Kulesh in Bush House, prompted by Nicoline van Harskamp's installation in Gallery 5 or pausing to listen to Holly Pester in the foyer, this edition of 4 Days has plenty to stir the senses. Look out for Cally Spooner's 'pop up' performances, Emma Bennett and Antonia Barnett-McIntosh's fascinating attempts to impersonate each other and the *Theatre of Objects* from Very Small Kitchen, seekers of lice and Press Free Press. For younger audiences please join us on Saturday 27 April for a special edition of Arnolfini's monthly family event *We Are Family*. I hope that this edition of 4 Days produces some lasting memories for you and I also hope that you'll be inspired to tell us about them.

Jamie Eastman, Curator of Performance

Day 1 - Thursday 25 April

| | | |
|-------------|---|-----------|
| 11:00-18:00 | Holly Pester: <i>Sooth the Saying Tooth</i> | Free (Sw) |
| 11:00-14:00 | Matthew Drage: <i>Peristalsis</i> | £5 (W) |
| 14:00-18:00 | Annie Vigier & Franck Apertet (les gens d'Uterpan): <i>Meditation</i> | Free (P) |
| 18:30-19:00 | Nicoline van Harskamp: <i>Without Title (An Exercise in European English)</i> | Free* (P) |
| 19:30-20:00 | Lawrence Abu Hamdan: <i>Mountain Language</i> | Free* (P) |

Day 2 - Friday 26 April

| | | |
|-------------|--|-----------|
| 11:00-18:00 | Lawrence Abu Hamdan: <i>Audio Archive</i> | Free (I) |
| 11:00-18:00 | Nicoline van Harskamp: <i>Without Title (An Exercise in European English)</i> | Free (I) |
| 11:00-18:00 | Holly Pester: <i>Sooth the Saying of Sooth</i> | Free (Sw) |
| 14:00-18:00 | Annie Vigier & Franck Apertet (les gens d'Uterpan): <i>Meditation</i> | Free (P) |
| 16:00-17:00 | David Berridge & X Marks the Bökship in conversation | Free (T) |
| 18:30-20:00 | Emma Bennett & Antonia Barnett-McIntosh: <i>Accent + VerySmallKitchen with Press Free Press and seekers of lice - Theatre of Objects</i> | £5 (P) |

Day 3 - Saturday 27 April

| | | |
|-------------|---|-----------|
| 11:00-18:00 | Lawrence Abu Hamdan: <i>Audio Archive</i> | Free (I) |
| 11:00-18:00 | Nicoline van Harskamp: <i>Without Title (An Exercise in European English)</i> | Free (I) |
| 11:00-18:00 | Holly Pester: <i>Sooth the Saying of Sooth</i> | Free (Sw) |
| 12:30-12:45 | Cally Spooner: <i>I Have Been Ill-Advised by my Scriptwriter</i> | Free (P) |
| 13:00-17:00 | We Are Family with Holly Pester, Emma Bennett & Antonia Barnett-McIntosh | Free (F) |
| 14:00-18:00 | Annie Vigier & Franck Apertet (les gens d'Uterpan): <i>Meditation</i> | Free (P) |
| 14:00-16:00 | <i>Tertulia</i> | Free (Sa) |
| 16:30-17:00 | Caroline Wilkins: <i>Beyond the Language of Zaum</i> | Free (P) |
| 18:30-19:30 | Maintenant Camarade (artists overleaf) | £5 (P) |

Day 4 - Sunday 28 April

| | | |
|-------------|---|-----------|
| 11:00-17:30 | Lawrence Abu Hamdan: <i>Audio Archive</i> | Free (I) |
| 11:00-17:30 | Nicoline van Harskamp: <i>Without Title (An Exercise in European English)</i> | Free (I) |
| 11:00-20:00 | Holly Pester: <i>Sooth the Saying of Sooth</i> | Free (Sw) |
| 11:00-17:00 | Leslie Kulesh: <i>HD: High Dissolution</i> | £5 (W) |
| 17:30-18:00 | Nicoline van Harskamp: <i>Without Title (an Exercise in European English)</i> | Free* (P) |
| 12:00-15:00 | Annie Vigier & Franck Apertet (les gens d'Uterpan): <i>Meditation</i> | Free (P) |

*Booking recommended

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Credits

Curator (for Arnolfini): Jamie Eastman.
Assistant Curators (for Arnolfini): Lauren Jury, Ellie Jeffs
Technicians (for Arnolfini): Faisal Rahman, Ewen Macleod, Mark Harris
Documentation: James Sargent and Justin Yockney
Thankyous: The performers, participants, volunteers and artists, Bristol Poetry Festival, Institut Francais and Arnolfini staff
Special thanks: Phil Owen (Arnolfini Research Assistant)

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Supported using public funding by
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ROYAUME-UNI

Key

Sw = soundwork
Sa = salon
P = performance
I = installation
W = workshop
F = family event

Building wide

Annie Vigier & Franck Apertet
(les gens d'Uterpan) (Days 1 – 4)

Annie Vigier & Franck Apertet (les gens d'Uterpan) (FRA): *Meditation*
Inviting visitors to practice meditation publicly during opening hours Annie Vigier and Franck Apertet will experiment with meditation as an artistic performance practiced whilst in the company of non-participating visitors. Meditation will consider the civic role of a space such as Arnolfini whilst exploring notions of living sculpture.



Arnolfini, Bristol. Photo Jamie Woodley

Foyer

Holly Pester (Days 1 – 4)
Cally Spooner (Day 3)
Caroline Wilkins (Day 3)

Cally Spooner (UK): *I Have Been Ill-Advised by my Scriptwriter*

A performance appropriating the genres of 'stand up' speaking, inscribing these into a scripted male monologue, and an unworkable solo event for an actor and his assistant.

Caroline Wilkins (UK): *Beyond the language of Zaum*

A promenade performance using the invented language 'Zaum' – coined by the Russian poet Chlebnikov following Futurism's experiments with sound symbolism and linguistic creation. Incorporating sound objects commonly used from the Futurist era.

Holly Pester (UK): *Sooth the Saying of Sooth*

A looping sound poem about prophesying voices and public speech exchange situated in Arnolfini's foyer for the duration of 4 Days.



Holly Pester, *Sooth the Saying of Sooth*. Image courtesy the artist

Light Studio

Emma Bennett &
Antonia Barnett-McIntosh (Day 2)
We are Family (Day 3)
Maintenant Camarade (Day 3)

Emma Bennett & Antonia Barnett-McIntosh (UK/NZ): *Accent*
A duet, conversation and mutual impersonation by Barnett-McIntosh (a composer) and Bennett (a performer and linguist) using extensive transcriptions, close listening and improvisatory techniques

We Are Family

Explore the themes of spoken word, language and listening through workshops, activities and fun family friendly performances. Play the accent game with Emma Bennett and Antonia Barnett-McIntosh and make a megaphone to add your own sounds and language to Arnolfini. Are you brave enough to stand and speak on our family soapbox? We welcome visitors of all ages to come and take part.

Maintenant Camarade

Featuring Claire Potter, Chris McCabe, Daniel Rourke, David Berridge, Emma Bennett, Holly Pester, James Wilkes, Jeff Hilson, Marcus Slease, Mark Waldron, Patrick Coyle, SJ Fowler, Tim Atkins and Tom Jenks (all UK).

A South West edition of the innovative poetry series *Maintenant Camarade* with seven pairings of poets evidencing the expansive potential of the contemporary poetry scene in the UK.



Emma Bennett. Image courtesy the artist

Dark Studio

Lawrence Abu Hamdan (performance)
(Day 1)
Lawrence Abu Hamdan (installation)
(Days 2, 3 & 4)

Lawrence Abu Hamdan (UK): *Mountain Language / Aural Archive*
Highlighting how language can be manipulated, oppressed or promoted for political and social gain, Abu Hamdan stages an audio adaptation of the Pinter play *Mountain Language* alongside a sound installation activated by the performic act of speaking.



Lawrence Abu Hamdan, *Mountain Language*. Image courtesy the artist

Gallery 5

Nicoline van Harskamp (performance)
(Days 1 & 4)
Nicoline van Harskamp (installation)
(Days 2, 3 & 4)

Level 2 / Gallery 5

Nicoline van Harskamp (NL): *Without Title (An Exercise in European English)*
Two performances and an on-going installation which suggest that English might dispense of its 'old world' roots given its re-deployment as the world's most commonly used cross-border language.

1 vət vəlju 'jus jəi kɛe 'tɪ vɛli fəʊ
1 ɛn vɪə vɪ 'aɪ sɔ fəʊnd ə kɔmpən grəʊnd
1 ɪn vɪnt kɛtə 'de bəl 'ne sɔʊl
fəʊ 'hɛv tʊ spɪkɪn 'ɪŋ ʃɪs θɪs 'ɪmpɪ nɪn
ɪl vɪzə 'hʊʃ dɪ wɛl mɛnt
fɪlɪs kəntu 'mi ɛn vɪ kɛn hɛvə 'dɔɪ ə 'lɔʃ
ɪz 'bɛvɪ gud 'kɔɛstɔn
ɪvɛr 'ɔr də dɪ 'vɛɪ dɪ 'lɔʃɪs
fɔi hɛv ə 'fəʊ pɪ 'tɛ lɔŋzəz tʊ mɪt
ɪ'jɛs θə wɔl kəm 'plɪt (ɪ stɪk ɔndɪə 'grɪ mɛnts)
ɪ kɛs bɪ 'mɛk kəbəl sɪmɪ 'vɛ hɪtɪs ɪndə 'stɒbɪl
ɪ ləʊnd 'ɔt dəɪ ɛn 'o pɔnɔstɪ θə 'dʊʃɪl

Nicoline van Harskamp, *Without Title (An Exercise in European English)*, detail of performance script. Image courtesy the artist

Reading Room

VerySmallKitchen featuring
Press Free Press, seekers of lice and
X Marks the Bökship (Day 2)
Tertulia (Day 3)

Level 2 / Reading Room

VerySmallKitchen
Featuring Press Free Press, seekers of lice, and X Marks the Bökship (all UK)
VerySmallKitchen present *Theatre of Objects*, a new performance for 4 Days alongside a conversation around a selection of publications curated by X Marks the Bökship.

Tertulia

A salon founded by Phil Owen and Megan Wakefield for people working with or interested in language (both textual and vocal) from a range of different disciplinary and methodological perspectives - including presentations by Leona Jones (UK), Nikki Gittins (UK) and Andre Shlimon (UK).



seekers of lice, *I Am Not A Poet*, Edinburgh 2011. Image courtesy the artist

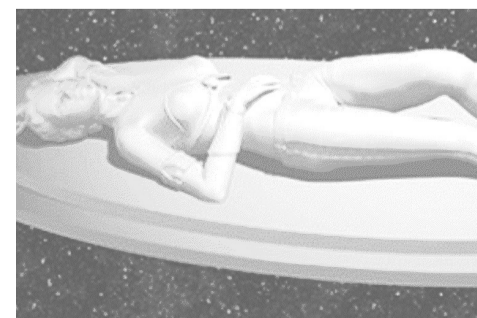
Bush House

Matthew Drage (Day 1)
Leslie Kulesh (Day 4)

Bush House (ticket only)

Leslie Kulesh (US): *HD: High Dissolution*
A participatory six hour silent meditation allowing participants the unique opportunity to disconnect from both the digital and analog worlds in a safe, guided environment for an extended amount of time.

Matthew Drage (UK): *Peristalsis*
A three-hour workshop, in which Drage will take participants through a set of exercises which aim to create a new awareness of the languages of peristalsis – the waveform muscular movement that pushes foods through the digestive system.



Leslie Kulesh, *HD: High Dissolution*. Image courtesy the artist